

God our Health

Ex 15:22-26

Intro:

- Our World full of pain, sickness and disease
- Caused by the Fall and the Curse...
- As His People, we are called to minister health
- God is involved in our pain and sickness
- Are we involved in His plan?
 - Plans to bring us hope
 - Plans to bring us peace
 - Plans to bring us salvation

I. How many days to despair?

- Israel is free from Egypt – Red Sea victories
 - Dancing turns to despair and grumbling
 - People were in the desert and needed to seek God
- God's Purpose (15:25)
 - This is the first of many tests He sends to the Jews
 - Bitterness is a part of the curse, also a choice
 - The people choose to grumble and complain
 - Moses chooses to cry out the Lord
 - The Lord shows him a “sweet-tree”

II. Jehovah Rapha'

- Purpose in our Pain
 - To restrain from Sin: Job 5:18; Ps 41:3,4; Dt 32:39
 - To call us higher: Ph 4:11-13; He 12:11; Job
 - Sickness as a result of sin in general
 - BUT, God is greater and in control than any sickness
- Wholeness and Health
 - Abimilech 1st healed Ge 20:17 – intercession prayer
 - Miracles of prophets, Jesus and disciples
 - Many kinds of healings: body, mind, emotions, nations

III. Receiving His Hand

- Note the commands of “statute and regulation”
 - Give earnest heed to His voice (before Sinai)
 - Do what is right in His sight
 - Keep His commands
 - Je 17:14, 33:6 Ho 6:1
 - James 5:13-16: pray, call, confess
- Elim – place of water, dates and rest
 - God has a plan in your sickness and your health

Connections:

- Sickness and Health are a part of our world
- Sin brings about consequences
- Not every sickness is due to sin...
- BUT, every sickness is under God's care.
- Ex 23:25 "But you shall serve the LORD your God, and He will bless your bread and your water; and I will remove sickness from your midst.
- 2Ch 7:14 "If My people..."